



2601 Anderson Ave., Suite 203  
 Manhattan, Kansas 66502  
 Phone: (785) 539-6666  
 Website: www.hcci-ks.org

# Manhattan Resource Guide

Serving Kansas with offices in Topeka (Main Office), Lawrence, Manhattan and Emporia

May 2009

ANIMAL	ADDRESS	PHONE	SERVICES	NOTES
1. Riley County Humane Society	821 Wildcat Ridge	785-776-8433	Volunteer organization dedicated to the welfare of animals. They work closely with area shelters to promote adoptions and have their own animals available for adoption that are cared for by volunteers.	
2. T. Russell Reitz Regional Animal Shelter	605 Levee Drive	785-587-2783	Animal Control Shelter run by City of Manhattan. Reunite lost animals with owner, place animals in new homes, enforce local ordinances, investigate welfare and cruelty reports, provide education concerning pet ownership.	
DISABILITY	ADDRESS	PHONE	SERVICES	NOTES
1. Manhattan SRS Office	2709 Amherst	785-776-4011		
2. Social Security Administration	222 Southwind Place	785-539-4681	Provides information and assistance with disability income and social security. No fees.	9 am-4 pm <a href="http://www.ssa.gov">www.ssa.gov</a>
3. Three Rivers Independent Living Resource Center, Inc.	200 Southwind Place #103	785-537-8985	Provides a variety of community and individual services for persons with disabilities. These include: Independent living skills such as budgeting, cooking, etc., counseling services, community or individual advocacy, family services concerning disability issues, vocational assistance, transportation, housing assistance, and information and referral.	
4. Vocational Rehabilitation Service	2709 Amherst Av.	785-776-4011	Provides counseling, job coaching, job placement and helps with schooling for people with disabilities.	8 am-5 pm (M-F) <a href="http://www.srskansas.org">www.srskansas.org</a>
EMPLOYMENT	ADDRESS	PHONE	SERVICES	NOTES
1. Manhattan Workforce Center	205 S. 4 <sup>th</sup> St. Suite K	785-539-5691	Provides job seeker information on available programs and services, training providers, career and occupational data, financial data, job listings, and social services. No fees.	8 am-5 pm (M-F)
2. Manpower Temporary Services	555 Poyntz Ave	785-776-1094 (Man) 785-762-5500 (JC)	Provides clerical and industrial help to businesses in the Manh/Junction City area. Temporary jobs may range from 1 day to indefinite length to placement through this service. Businesses pay the fees.	8 am-5 pm (M-F) <a href="http://www.manpower.com">www.manpower.com</a>

HEALTH CARE	ADDRESS	PHONE	SERVICES	NOTES
1. American Red Cross	2601 Anderson Av. #200	785-537-2180	Provides a volunteer blood service, conducts community courses in CPR, first aid, water safety and family life education. No fees for services. Recovery fees charged for materials and textbooks used in classes.	9 am-Noon & 1-5 pm (M-F) <a href="http://www.thinkred.org">www.thinkred.org</a>
2. Flint Hills Community Clinic	401 Houston St., Ste. C	785-323-4351	Free healthcare for those without insurance.	
3. Riley Co-Manhattan Health Dpt.	2030 Tecumseh Rd.	785-776-4779	Provides assistance with family planning, maternal and infant (M&I) program, WIC, health education, community health clinic, Kan-Be-Healthy program and environmental health	Clinic hours: 8:45 am-4:30 pm (M,T,W) 9:30 am-6:30 pm (Thur) 8:45-11:30 am (Fri)
4. SRS	2709 Amherst	785-776-4011	Medical assistance programs	
HOMELESS	ADDRESS	PHONE	SERVICES	NOTES
1. Crisis Center Inc.	PO Box 1526	785-539-2785 or 1-800-727-2785	Provides services for individual and group counseling to battered women and their children, sexual assault victims and their families. Services include shelter, food, legal help, emergency transportation and counseling. Free and confidential for Clay, Geary, Marshall, Pottawatomie, Riley Counties and Fort Riley.	24 hrs per day Email: <a href="mailto:ccimhks@oz-online.net">ccimhks@oz-online.net</a>
2. Manhattan Emergency Shelter	831 Leavenworth	785-537-3113	Local and social welfare services – emergency shelter.	1-5 pm (Mon) 8 am-5 pm (Tue-Fri)
HOUSING	ADDRESS	PHONE	SERVICES	NOTES
1. Habitat For Humanity	621 Humboldt St.	785-537-7545	Helps build affordable homes for lower income families who purchase homes through a no-interest real estate mortgage, make monthly payments, have put sweat equity into building the homes, and take care of them while living there.	
2. Manhattan Housing Authority	300 N. 5 <sup>th</sup>	785-776-8588	Assists income-qualified persons find decent, safe and affordable housing.	
LEGAL SERVICES	ADDRESS	PHONE	SERVICES	NOTES
1. Flint Hills Legal Services	104 S. 4 <sup>th</sup> St., Floor 2	785-537-2943	Provides legal assistance to low-income persons in civil matters in Clay, Riley, Geary and Pottawatomie counties.	8:30 am-Noon & 1-5 pm (M-F)
MENTAL HEALTH	ADDRESS	PHONE	SERVICES	NOTES
1. Pawnee Mental Health	2001 Claflin Road	785-762-5250	Provides counseling and other mental health services.	8am to 7pm (M & W) 8am to 9pm (T & Thur) 8am to 5 pm (Fri)

<b>RENT – UTILITIES – FOOD PANTRIES</b>	<b>ADDRESS</b>	<b>PHONE</b>	<b>SERVICES</b>	<b>NOTES</b>
<b>1. Angel Food Ministries – distribution centers: (a) Real Life Church (b) Zeandale Community Church (c) Grace Baptist Church</b>	(a) 8859 Green Valley Dr. (b) 800 Tabor Valley Rd. (c) 2901 Dickens Ave.	785-539-7770 785-539-1458 785-776-0424	Food packages at a reduced cost for anyone willing to give back some of their time to the community.	<a href="http://www.angelfoodministries.com">www.angelfoodministries.com</a>
<b>2. Flint Hills Breadbasket</b>	905 Yuma St.	785-537-0730	Provides food assistance for anyone struggling to make ends meet. No Fee. (Monday – Friday)	8:30 am-Noon & 1-4 pm <a href="mailto:breadbasket@interkan.net">breadbasket@interkan.net</a>
<b>3. Ogden Friendship House U.M.C.</b>	207 Riley Ave.	785-539-1791	Provides a food (for Ogden residents only) and clothing distribution center and information about WIC, mothers and infants, and cooking classes.	1-4 pm (M-F) <a href="http://www.co.riley.ks.us">www.co.riley.ks.us</a>
<b>4. Salvation Army</b>	310 Poyntz Av	785-539-9399 (Social Agency)	Provides emergency funds for temporary or emergency needs only to individuals or families who have inadequate resources. Thrift Store has clothing and household items at a reduced cost. Fees: prices vary.	Social Agency: 10 am-4 pm (M-F)
<b>5. Shepherds Crossing</b>	621 Humboldt St.	785-776-1470	Provides financial assistance with utility bills, rent, food, prescription drugs and other necessities. No fees.	10 am-2 pm (Tues) 2 pm-5:30 pm (Thur)
<b>6. SRS</b>	2709 Amherst	785-776-4011 1-888-369-4777	Financial assistance, medical assistance, food stamps, summer/winter low income energy assistance program (LIEAP) and social serves to eligible Kansans. Information on Health Wave (children's medical ins.), additional non-agency information. Some services may require partial fee payment.	8 am-5 pm (M-F) Email: <a href="mailto:mcak@srskansas.org">mcak@srskansas.org</a> Web: <a href="http://www.srskansas.org">www.srskansas.org</a>
<b>SENIOR CITIZEN</b>	<b>ADDRESS</b>	<b>PHONE</b>	<b>SERVICES</b>	<b>NOTES</b>
<b>1. Area Agency on Aging, North Central – Flint Hills</b>	401 Houston St.	785-776-9294 or 1-800-432-2703	Provides information and assistance to 60 yrs and older, or spouse of someone age 60 yrs or older, and a resident of the 18-county area. Provides assistance with obtaining assistance devices, prescription drug assistance, insurance counseling, and employment. Some services are free of cost, funding is available to assist with the cost of others.	8 am – 5 pm (M-F) Email: <a href="mailto:ncfhaaa@ncfhaaa.com">ncfhaaa@ncfhaaa.com</a>
<b>2. Meals on Wheels</b>	401 Houston St.	785-776-9294	Delivers daily hot meals to elderly, disabled and homebound.	
<b>3. Riley Co. Health Department</b>	2030 Tecumseh Rd.	785-776-4779	Senior Group Exercise – classes start on August 26 (call Julie ext 274)	10:00-10:45 am (Tuesdays & Thursdays)
<b>4. Riley Co. Seniors Services Center</b>	412 Leavenworth St.	785-537-4040	Provides services to elderly.	

THRIFT STORE & FURNITURE	ADDRESS	PHONE	SERVICES	NOTES
1. Encore Shop	611 Poyntz Ave.	785-776-7866	Provides a low price clothing source for community.	1-4 pm (M-Sat)
2. Family Center Budget Shop	730 Colorado St.	785-565-5010	Provides a resource to purchase used and new clothing items for all ages. Price varies with items.	1-4 pm (T-F 10 am-1 pm (Sat)
3. Salvation Army	310 Poyntz Ave.	785-770-3171	Clothing and household items at a reduced cost. Prices vary.	10 am – 6 pm (M-Sat)
TRANSPORTATION	ADDRESS	PHONE	SERVICES	NOTES
1. ATA Bus	115 N. 4 <sup>th</sup> Street #2	785-537-6345	General public transportation, geriatric services, health services, social services.	<a href="http://www.rileycountyks.gov">www.rileycountyks.gov</a>
WOMEN	ADDRESS	PHONE	SERVICES	NOTES
1. Crisis Center Inc.	PO Box 1526	785-539-2785 or 1-800-727-2785	Provides services for individual and group counseling to battered women and their children, sexual assault victims and their families. Services include shelter, food, legal help, emergency transportation and counseling. Free and confidential for Clay, Geary, Marshall, Pottawatomie, Riley Counties and Fort Riley.	24 hrs per day Email: <a href="mailto:ccimhks@oz-online.net">ccimhks@oz-online.net</a>
2. Life Choice Ministries	1445 Anderson Av	785-539-3338	Pregnancy testing and support, and educational services and baby clothes/supplies	
CHILDREN & Family	ADDRESS	PHONE	SERVICES	NOTES
1. Manhattan Catholic Charities	323 Poyntz Av., Ste 102	785-323-0644	Providing help, advice, support or family services.	<a href="http://www.manhattancatholiccharities.org">www.manhattancatholiccharities.org</a>
2. Sunflower Casa Project	115 N. 4 <sup>th</sup> St.	785-537-6367	Advocates on behalf of abused and neglected children.	
3. Head Start	1700 Leavenworth	785-587-2045	Free early childhood program for families with low incomes. Child enrollment for ages 3-5 years of age. Full- and half-day preschool classes. Physical, dental, hearing and vision screenings; speech and language screenings and therapy, nutritious snacks and meals; social services; educational programs for parents; transportation available in some areas.	
4. Housing & Credit Counseling, Inc.	2601 Anderson Av. #203	785-539-6666 or 1-800-383-0217	Provides service for people who need help with money problems. \$35 for first interview. Further calls and visits are free. \$15 for debt management plan setup plus \$5 per creditor per month, up to maximum of \$20 per month (single or couple)	8 am – 5 pm (M-F) <a href="http://www.hcci-ks.org">www.hcci-ks.org</a>
5. Manhattan Day Care & Learning Center, Inc.	121 N. 6 <sup>th</sup> St.	785-766-5071	Provides quality child care and education for 18 month to 6 yr olds, with priority given to low-income and single parent families.	8 am – 4 pm (walk in) 8 am – 5 pm (call in)
6. UFM Community Learning Center	1221 Thurston St.	785-539-8763	Provides educational programs on a wide range of topics. Fees: depends on the course.	8 am-Noon & 1-5 pm (M-F) <a href="http://www.ksu.edu/ufm">www.ksu.edu/ufm</a>
7. Riley County Extension	110 Courthouse Plaza B220	785-537-6350	Provides educational programs and information to the public on a wide range of topics.	8 am-5 pm (M-F) <a href="http://www.co.riley.ks.us">www.co.riley.ks.us</a>