



HCCI Great Topeka Bed Race

Saturday, March 17, 2012 • 9:00 a.m.

Downtown Topeka

Honorary Race Chairman - Ralph Hipp, WIBW TV News Anchor

Fun For Everyone!

Check-in: Beds line up from 8:00 - 9:00 a.m. for safety inspections and to turn in signed Entry/Waiver forms. No reworking or modification of beds are allowed once inspected and approved.

Race Time: 9:00 a.m. immediately following inspections. All teams are encouraged to also join the St. Patrick's Day Parade starting at Noon immediately following the bed race.

Entry Fee: \$100 per 4 or 5 person team

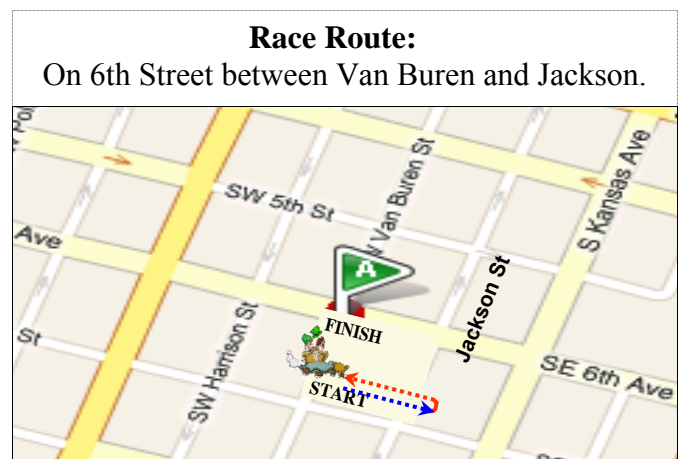
Participants: Businesses, families, churches, clubs, youth groups, etc. are welcome. All Team members must be 17 years of age or older or provide a signed permission form from their parent or legal guardian. You need to wear good running shoes. Please no flip-flops, sandals or bare feet.

Safety: Safety is a primary goal of the race. **The use of helmets (bicycle, motorcycle, skateboard, etc.) and knee/elbow pads are strongly encouraged for all team participants.**

Rules of the Race: Complete rules on following page. **Deadline to Enter:** March 15, 2012

Prize Categories:

- ▶ **1st Place** - \$150 cash per team, trophies for each team member plus bragging rights
- ▶ **2nd Place** - \$50 cash per team plus trophies for each team member
- ▶ **3rd Place** - \$25 cash per team plus kazoos for each team member. [These are high quality kazoos—only used once!]
- ▶ **“Most Creatively Decorated Bed”** - all beds are eligible for this award. The winning team will receive an unbelievable prize (to be announced)



RULES & REGULATIONS

Registration closing date is March 15, 2012.

The following rules and regulations are intended to promote safety and fairness for competitors. All rules, regulations and time schedules will be enforced by the race officials. Failure to observe the rules and/or instructions from the HCCI Great Topeka Bed Race officials may result in disqualification of teams from the race. **Registration fees will not be refunded.** Beds will be raced in heats for the best overall times.

1. Race will begin promptly at 9:00 a.m. in downtown Topeka (on 6th Street between Van Buren and Jackson). **Teams must arrive 45 minutes prior to the scheduled start time for bed safety inspectors to make sure beds conform to the specifications.** The course is a clearly defined area on a paved public street. Each heat will be one length down and one length back. No reworking or modification of beds are allowed once inspected and approved.
2. Two teams will race at a time. Each team may have up to 5 members; 1 rider and up to 4 pushers (runners). A team may have alternate member(s) to serve as substitute runner(s) for each heat.
3. Beds may not be pulled - only pushed from the sides and/or back. **No steering devices, no horizontal push/pull handles that protrude beyond the edges of the bed.**
4. Teams will push the bed approximately 1/2 block at which point they will stop and the rider will get off the bed and **put on two-piece pajamas (top and bottom)** to be provided by HCCI. The rider, once properly dressed and approved by the official judges, will get back on the bed and the team will push the bed to the finish line. The first team to cross the finish line while observing all the rules will win the heat. The top winners, based on a finished time, will advance to the semi-finals and ultimately to the finals.
5. **The use of helmets (bicycle, motorcycle, skateboard, etc.) and knee/elbow pads are strongly encouraged for all teams.** Everyone's safety is a primary goal of the race.
6. Team members may not interfere with opponents in any way during the race. The bed and all team members must stay in their lane for the entire race and may not cross the center line of the race course (street). Any cross over to opponent's lane will cost that Team 5 seconds.
7. All participants must follow instructions of the Race Officials.
8. All contestants shall conduct themselves according to the highest standards of sportsmanship. Bed decorations and participant's attire shall be appropriate for this family oriented event. Rules will be strictly enforced.
9. The \$100 Team entry fee and Entry/Waiver form for each participant (including alternate members) must be turned in by the Team Captain by the announced deadline to be eligible to race.

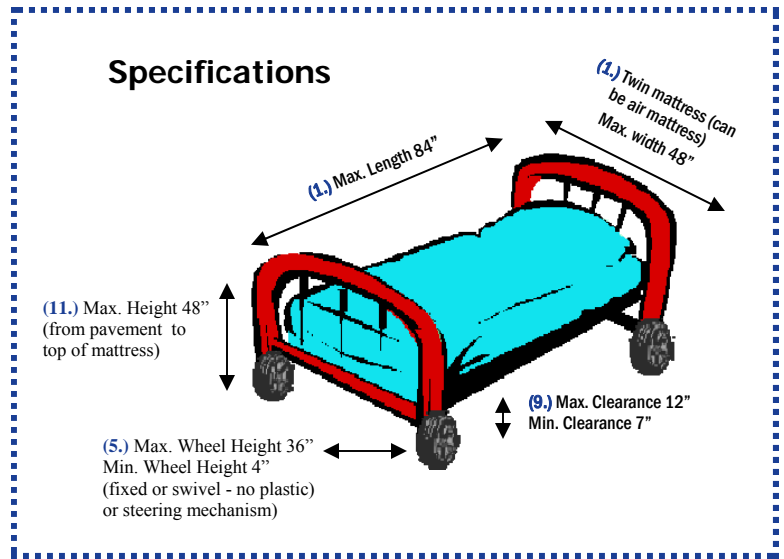
Decisions made by Race Officials are final.

Each team is responsible for providing their own bed that meets official specifications available from the Race Committee.

Bed Requirements:

Each team is responsible for providing its own bed that meets the HCCI Great Topeka Bed Race specifications below. A few “loner” beds are available from HCCI for a rental fee. Call HCCI for details or go to www.hcci-ks.org

1. The bed must use a twin mattress (air mattresses are allowed) and the overall size should not exceed 48” wide x 84” long.
2. Headboards and footboards are required to be used as pushing points. No extended horizontal side push bars are allowed.
3. The point of the bed axle will be aligned with the starting line. The same point will be used to judge the race finish.
4. The bed must have four wheels (no less and no more — one wheel at each corner).
5. Minimum wheel diameter can be no less than 4” – maximum wheel diameter can be no more than 36”.
6. The bed wheels may be fixed or swivel but no steering mechanism is allowed.
7. The bed must have no means of mechanical propulsion.
8. Measurement from pavement to the top of mattress may not be over 48”.
9. Maximum clearance from pavement to mattress 12” - Minimum clearance from pavement to mattress 7”.
10. Decorated beds are encouraged, but no sharp objects, projections, or anything that may be dangerous will be allowed.
11. A bed that does not meet the specifications will have the opportunity to be fixed or altered prior to the race start time or the team will be disqualified (no refund of registration fee).
12. The company/organization/team name must be displayed on the bed (both sides at a minimum) and securely fastened.



Specific location and other information will be included in the information packet. Trophies, decoration theme awards and other prizes will be awarded to winners at the end of the races.

All Bed Racers are encouraged to push their decorated beds in the St. Patrick's Day Parade at noon. There is no charge to join the Parade.

BE IMAGINATIVE AND HAVE FUN!

Proceeds from this event benefit:



Housing and Credit Counseling, Inc. (HCCI)

HCCI provides vital community services, especially in these tough economic times, by counseling and educating people about credit, mortgages and rental issues, bankruptcy, and how to avoid high debt and build future assets. HCCI is HUD approved and is one of the few accredited credit counseling agencies in the nation.

RACE SPONSORS:



**CAPITAL CITY
BANK**



**Stormont-Vail
Health Care**



(Your logo here.)

**Don't miss the fun! For sponsor information, contact HCCI at
234-0217 x 330**

Sponsor Categories

Headboard..... \$2,000

- ▶ Display traveling trophy and sample bed in your lobby prior to race
- ▶ Listing on brochure and all promotional pieces
- ▶ Name and logo listed in all TV, radio, print media
- ▶ Banner at beginning of race and free booth
- ▶ First bed/s in the race (fee waived)
- ▶ Banner promotion at the finish line
- ▶ Web site links and mention in HCCI Annual Report

Bed Springs \$1,000

- ▶ Listing in printed promotional pieces and free booth
- ▶ Bed in the race (fee waived)
- ▶ Banner promotion on the race route
- ▶ Web site links and mention in HCCI Annual Report

Bed Frames..... \$500

- ▶ Bed in the race (fee waived)
- ▶ Banner promotion on the race route
- ▶ Web site links and mention in HCCI Annual Report

Mattress \$250

- ▶ Bed in the race (fee waived)
- ▶ Mention in HCCI Annual Report

The following organizations are promoting this event:

- ✓ **St. Patrick's Day Parade Committee**
- ✓ **Downtown Topeka, Inc.**

OFFICIAL ENTRY / WAIVER OF LIABILITY FORM

Entry Fee—\$100 Per Team

4th Annual HCCI Great Topeka Bed Race—March 17, 2012

An official Entry/Waiver Form must be signed by each Team Member and returned by March 15, 2012.

In consideration of the acceptance of my entry form for the bed race, I hereby release all associated groups; Housing and Credit Counseling, Inc., and any person(s) officially or unofficially connected with this event from all liability for any injuries or damages whatsoever arising from this event. **Release:** I agree that any photo taken during the event may be used for future promotional purposes. (If 17 years or younger, a parent or legal guardian must also complete section below*)

MUST BE COMPLETED AND SIGNED BY EACH TEAM MEMBER PRIOR TO PARTICIPATING.

Participant Name: _____

Team Name: _____

Captain / Contact Person: _____

E-Mail: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone #1: _____ Phone #2: _____

Captain Signature: _____ Date: _____

*** This section must be completed for participants 17 years of age or younger.**

I give permission for the following person to participate in the 4th Annual HCCI Great Topeka Bed Race, March 17, 2012:

X _____ X _____

Name of Participant (please print)

Signature of parent or legal guardian

X _____

Date

An official Entry Waiver of Liability Form must be signed by each Team Member participating and returned with the non-refundable entry fee of \$100 by March 15, 2012 to:

Housing and Credit Counseling, Inc. • 1195 SW Buchanan, Suite 101 • Topeka, Kansas 66604

Contact: Lynne Crabtree at (785) 234-0217 x 330 or lcrabtree@hcci-ks.org